



Very Aesthetic Skin + Brows



Body Waxing 101

How to prepare for your appointment.

What to Know!

Summer will be here before you know it and we want to help get you prepared for a successful wax treatment. If you're a veteran, share some of your tried and tested tips with us. If this is your first time, you'll do just fine! Most often clients plan this type of service before heading to the beach or vacation. Wear comfortable loose-fitting clothing for Brazilian waxing treatment. Allow 5-7 days of hair growth. That's usually equivalent to a grain of rice. We recommend giving yourself a few days before your vacation begins to allow skin to calm.

Start exfoliating 3 days before you plan to get waxed. DO NOT SHAVE/TRIM. Trimming the hair too low could require you to wait another 5-7 days. Redness is normal and will usually subside after a few hours. If your hair is coarse, needle point bleeding may occur (normal for first timers). After your appointment, wait at least 24-48 hours before exfoliating the treated area. Avoid exercise, hot tubs, sauna, tanning bed, and swimming pool for 24 hours. Check out our waxing deals to get summer ready.

Product Spotlight



Iluma Intense Brightening Serum

This quick-absorbing serum addresses both skin discoloration and redness, offering a calming and brightening solution for irritated, sun-damaged, and sensitive skin. A blend of botanical brighteners and vitamin C encourages a clear, even-toned complexion. Ideal for those skins that prefer a hydroquinone-free product.

What's New

H2O Facial Treatment | \$225

Anti-Pollution treatment rich in hydrogen that increases cellular energy and provides protection from free radicals which cause premature aging. Exfoliates with fruit enzymes and an oxygen mask to illuminate. Perfect for maintaining glowing skin. Lowers oxidation of the skin, provides protection against UV damage, and promotes collagen synthesis.

Coming Soon

- ✓ Teeth Whitening
- ✓ Brow Lamination

The Beauty in Pineapple



Did you know pineapple is good for your skin?

This fruit contains an enzyme known as **Bromelain**. This is a natural, superficial exfoliant that offers anti-inflammatory and antioxidant benefits for the skin. **Enzymes** are beneficial for the skin because they remove dead skin cells, leaving a rejuvenated appearance. As we age, collagen + elastin (proteins in skin) levels are reduced by oxidation (environment) and inflammation. When inflammation is present, the skin has a difficult time performing its natural functions. These functions include proper healing and repair. Your skin begins to show signs of AGING when these functions are compromised. *Inserts Pineapple. The powerful enzyme found in this delicious fruit fights off free radicals and inflammation thus allowing the skin to produce vital proteins that keep your skin youthful! This delicious ingredient is featured in our Advanced Exfoliation-Pineapple Treatment.

“The only person you are destined to become is the person you decide to be.”

-Ralph Waldo Emerson



Team Tomato?

Tomatoes containing the nutrient lycopene can give us that natural inner glow we are searching for. Lycopene is a red nutrient in the carotenoid family that gives tomatoes their signature hue, and it quenches free radicals and induces the body's ability to cope with oxidative stress and inflammation.

Skin active vitamins such as vitamin A and E are also naturally present in the tomato. Lycopene works best for skin when it can team up with all of these tomato phytonutrients that have been found to synergize and enhance benefits of lycopene.

These phytonutrients can also help protect the collagen network by balancing core processes like oxidative stress and inflammation, thus reducing the degradation of the collagen. Whether we choose to supplement with collagen or not, using natural phytonutrients can help us protect the collagen network and allow it to thrive in our skin for a youthful look.

Carotenoids such as lycopene are oil soluble, and research shows that when tomatoes for example are cooked in oil (preferably a healthy oil like olive oil) the lycopene absorption is optimal. If you prefer your tomatoes raw, like in a salad, you can add olive oil or avocado for best results.

Benefits of Skin Treatments

- Reduces Stress
- Rejuvenates Skin
- Exfoliates
- Relieve Psychological Stress
- Minimize effects of aging
- Detoxify Skin
- Treat Acne
- Eliminate Blackheads
- Promote Circulation
- Tones Skin



Let's Talk Retinol

Vitamin-A

What are the benefits?

Season changes are fast approaching, and the health of your skin is one of our top priorities. To help you maintain your skin during the summer, I want to introduce you to retinol. We've all heard that using retinol provides antiaging benefits, but why is that? Retinoic acid is the active form of topical retinol. Applying a topical retinol helps to replenish vitamin-a levels in the skin. Let's discuss some of the many benefits of Vitamin-A and why you should include it in your daily skincare routine.

- ✓ Absorbs UV rays preventing pigmentation
- ✓ Regulates hydration levels + cell repair
- ✓ Treats acne by regulating sebum (oil) production
- ✓ Acts as an antioxidant protecting against cell damage
- ✓ Stimulates fibroblasts (minimizes lines + wrinkles)

Not all retinol cremes are created equal. I know it's cliché, but true. Depending on the delivery system, most can be harsh and irritating. So then what's the point? The Ageless Total Repair Crème is the perfect nighttime retinol crème to introduce your skin to. It's encapsulated retinol technology allows for maximum results with minimal irritation. I start all clients with antiaging concerns on Ageless Total Repair Crème. This product should only be used at night. Sunscreen is a MUST while using this product. Beginners should use no more than 2-3x/week for the first 3 weeks then slowly increase usage. Remember this is exfoliating so superficial to mild flaking is normal. Could you benefit from the use of retinol? Not sure if you're a candidate? Request a Virtual Consult directly from the site. Shop our online store for your skin necessities

Permanent Makeup (Healed Soft Ombre')



Before You Book

It's important to know that you're a candidate for this type of service. Get medical clearance if necessary. Review our [PMU Consent Form](#) to eliminate any contraindications. No skin treatments at least 2 weeks before appointment. Avoid Advil (ibuprofen) 24 hours before service. No tanning/sunburn two weeks prior. Avoid booking during your cycle. No gym, swimming, or yoga same day. Wear makeup to your appointment.

What To Expect

- ✓ Before + After Pics
- ✓ Topical Numbing
- ✓ Pigment Selection
- ✓ Brow Mapping
- ✓ Expect 2-3 Hours
- ✓ Aftercare Provided
- ✓ Return in 6 Weeks

Results can be as natural or dramatic as you'd like. Wearing makeup to your appointment gives your artist an idea of how you like your brows to look and the color you're comfortable with.